



Theme: Compassion

Book: **Miss Dose** by Allan Ahlberg

Reflection on last week's faith in action, with the families.

What was last week's action?

How did that make you feel?

Why did that make a difference?



Prayer time

Heavenly Father, thank you for these children. Help them to grow up to be kind and caring towards others, just like Jesus cares for them. Amen

Inspiration ...

Biblical References:

Mark 10:46-52

Blind Bartimaeus receives his sight

Luke 17:11-19

Jesus heals ten men with leprosy

• SNACK TIME

Strawberries
Jammy dodgers

• SONGS

Use musical instruments
Miss Polly had a dolly

Additional resources:

A re-telling of the story on Youtube
 <https://youtu.be/6Ou0INs8E64>

Theme Introduction:

Compassion gives us the ability to understand someone else's situation and the desire to take action to help improve it, if needed.

Acts of kindness and compassion can increase wellbeing and help recovery for others. It can also help overcome loneliness and isolation, build healthy relationships and improve self-esteem.

Theme exploration:

Miss Dose, or any other 'we are going to the doctor' type books would work as a link as to how people show compassion towards other people.

The Bible tells us that Jesus was able to make people feel better. In Matthew 9:35 "Jesus went about the towns and villages, teaching and preaching and healing every sickness and disease among the people". We may not be able to heal people like Jesus did, but we can care for others around us.

Free play suggestion:

Link with book:

- Doctor/nurse set (bandages), with dolls and teddies to care for.
- Vet play area with soft toy animals to care for.



I wonder what can you do that would help make someone feel better when they feel unwell.

I wonder what do you like best when you feel poorly.

I wonder who helps you when you are poorly.

Craft ideas:

Link with book:

- Helping hands. Draw around and cut out the shape of the child's hand – get the carers through conversation with the child to write or add pictures of ways that child could help others, staple the hands together.
- Make a get well card to give to someone they know or for the volunteers to take to people within the church or community.



I wonder how you could help others.

I wonder who you could create a card for.

Faith in action: Take a card or a small gift of flowers or chocolates to someone who is or has been poorly.