





# The Incredibles

Inspiration ...

Watch the whole film if you can. If you can't, here is the link to the trailer:

https://youtu.be/sJCjKQQOqT0



According to IMDb as of Sept 2022 the certificate for this film is: U

### **Biblical Reference:**

### Luke 8:16

'No one lights a lamp and then covers it with a bowl or hides it under a bed. A lamp is placed on a stand, where its light can be seen by all who enter the house.'

(New Living Translation)



## Prayer

Help me Lord to share Your Good News with other people. Help me to be open to how You lead me to do this and may I do it with love and joy.

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## Sharing the Good news of Jesus and using our gifts

# Dink exploration:

When we first meet the Parr family they are living undercover as 'normal' people because of government rules against superheroes. Each family member including the 3 children have super powers. Through the film we begin to see what these super powers are. Bob Parr (also known as Mr Incredible) really misses his life as a Superhero and gets drawn in to helping with a mission to help others and in turn his family get drawn in too.

Through the film we see the characters using their skills and abilities to help other people and to do the things they were born to do, rather than hiding their special abilities away.

God has created us all with unique gifts and He wants us to learn what those are and use them to help other people and bring Glory to His name.

He has called all of us to share His Good News with the world and that could mean our friends, neighbours, people in our school or people the other side of the world!

Jesus doesn't want us to hide this Good News – He wants us to share it!

## Personal challenge

- What do you think is the Good News of Jesus?
- Why not practice with a friend how you could share the Good News of Jesus with someone else?
- Have a think about and make a list or a drawing of the special skills and qualities you have that you could share with others. Get a friend or adult to help you carry out your ideas

